



Los Angeles County DMH, Continuum of Care Reform Division

Trauma/Resilience Tip of the Week: Trauma-Informed System of Care

Trauma-informed child and welfare system of care recognizes and responds to the impact of trauma and stress. The goal is to work in collaboration with those that work with the children and families using the best available resources to maximize the recovery and wholeness of children and families.



According to the National Child Traumatic Stress Network (2014)

Service system with a trauma-informed perspective which agencies, programs, and service providers can:

- Routinely Screen for trauma exposure.
- Use evidence based, culturally responsive assessment and treatment for traumatic stress.
- Make resources available.
- Engage in efforts to strengthen resilience and protective factors of children and families.
- Emphasize continuity of care across all child service systems.
- Maintain an environment of care that address staff wellness.