

CCR Trauma/Resiliency Tip



Los Angeles County DMH, Continuum of Care Reform Division

Trauma/Resilience Tip of the Week:



May 10th is National Children's Mental Health Awareness Day 2018!

The theme for Awareness Day 2018 is Partnering for Health and Hope Following Trauma. This year's national observance focuses on the importance of an integrated health approach to supporting children, youth, and young adults with serious emotional disturbance who have experienced trauma. This event also sheds light on the importance of providing support and services to their families as well.



More than 1,100 communities and 160 national collaborating organizations and federal programs will organize local Awareness Day activities and events around the country. Please take an active role in bringing awareness this May. Visit SAMHSA's webpage to learn more about Mental Health Awareness Day 2018 and find Awareness Day 2018 resources to help you participate in this national movement!

(<https://www.samhsa.gov/children/awareness-day/resources>)