



Futuro Infantil Hispano Newsletter / Boletín Informativo

CPR & First Aid



All Foster homes that are not in compliance with all recertification requirements, specifically CPR/First Aid, yearly training hours and required documents will be placed on hold for placements until compliance is reached. Classes are

November 21 & December 19 in the West Covina office. To register please call Lourdes at (626) 339-1824.

Todo hogar de crianza que no cumpla con los requisitos de recertificación, específicamente CPR/Primeros Auxilios y horas anuales de entrenamiento, será puesto en espera temporal y la Agencia no pondrá niños de crianza hasta que todo esté al corriente. Las clases serán en **Noviembre 21 y Diciembre 19** en West Covina. Para registrarse por favor llame a Lourdes (626) 339 - 1824.

FIH Anniversary

November

Rosa Huesca & Jose Pastor	4 yrs.
Maria Yolanda Alarcon	9 yrs.
Sandra & Ignacio Casillas	3 yrs.
Marina & Gustavo Garcia	5 yrs.

December

Maria & Joseano Flores	15 yrs.
Ruth Sotelo	4 yrs.
Frانيا & Alex Calderon	3 yrs.
Francisco Tamaca	7 yrs.

FIH would like to give recognition to foster parents,

**Karina Cardenas &
Ruben Alvarez Pinzon**

for their outstanding service as foster parents. FIH received an email from a County Social Worker about the "exceptional care" of a foster child in their home. The County and our agency want to thank them for being excellent foster parents, going above and beyond to provide the best level of care.



FOSTER PARENT TRAINING for annual recertification.

Hours are 8:30 a.m.-2:30 p.m.
November 14 & December 12

Foster Parent training is available at local School District and City Community Colleges.

ENTRENAMIENTO PARA PADRES DE CRIANZA

para la recertificación anual.

Las clases son de 8:30a.m. a 2:30 p.m.
Noviembre 14 y Diciembre 12

Hay clases para padres de crianza por medio del Distrito Escolar y los Colegios Comunitarios

Foster Parents training begins at 8:30 am please be punctual, we appreciate your cooperation.

FIH will be having a mandatory training for all foster parents on the topic of **Commercial Sexually Exploitation of Children (C.S.E.C.)**

The training will be offered several time during 2016. The 1st class offered will be on Dec. 12, 2015.

Please RSVP To Lourdes Rollon 626 339-1824

Christmas Safety Tips Tree Safety

Buy Christmas trees as fresh as possible, not brown, no needles falling. Put a fresh diagonal cut, about an inch off the bottom, so water will flow through. Place in a secure base and keep water in the base. Make sure the tree is far enough away from any sort of heat. After Christmas dispose your tree as soon as possible. Never try to burn the tree yourself.

Fireplace Safety

Every fireplace should have a screen. Never use any paper or flammable liquids in the fireplace. Make sure the damper is open before lighting and building the fire.

Holiday Candles

Only use a candle with a base large enough to contain melted wax. Secure base to avoid the candle from tipping over. Avoid leaving burning candles unattended. Be especially alert in keeping children away from candles. **Check your smoke alarms to make sure they are working (replace batteries).**

November
&
December
2015

Newsletter Features:

- ☺ Information
- ☺ CPR & First Aid Training
- ☺ Foster Parent Training
- ☺ Dates to Remember
- ☺ Birthdays
- ☺ Anniversaries
- ☺ Foster Parent of the month

West Covina Office

2227 E. Garvey Ave. No
West Covina, CA 91791
(626) 339-1824

Ontario Office

1131 West Sixth
Street, Suite #110
Ontario, CA 91762
(909) 460-1138

FIH is excited to inform you that we have joined Social Media. Please follow us on Instagram, Twitter and like us on Facebook.



Where can I get my fire extinguisher serviced?

The fire extinguishers need to be serviced once a year or a new purchased and receipt submitted for your records. All fire extinguishers need to have a tag dated with the last time it was serviced. To find a fire extinguisher service center near you, look in your yellow pages or internet. Social Worker will be looking for the expiration tag on all extinguishers. If extinguishers are new, social worker will be asking for the receipt.

En donde puedo obtener servicio para mi extinguidor de fuego?

Los extinguidores de fuego deben ser revisados una vez al año y deben tener un sello vigente con la fecha en que se les dió el servicio. Busque en las páginas amarillas o en el internet para localizar un lugar especializado en este servicio. El trabajador social revisara las fechas de expiración en los extinguidores. Si son nuevos entonces el trabajador social le pedira el recibo.

November

Aracelly Meza	1
Ernestina Luna	7
Ignacio Valenzuela	8
Dimas Galindo	11
Maria Cuevas	12
Jesus Zamora	14
Alexandra Zamora	17
Antonia Soto	20
Leticia Torres	23
Marisa Gutierrez	28
Ramona Diaz	29

December

Leobardo Huerta	1
Blanche Saavedra Magallanes	8
Alma Salas	10
Sergio Soto	17
Eva Morales	18
Maria Mejía	28
Hector Lazcón	29
Maria Santamaria	29



Both offices will be closed on November 29 & 30 to observe the holiday.



Parent's guide to Head Lice

What is head lice? Head lice are small insects that can live in people's hair and feed off their blood.

How do people get head lice.

Children can pass on head lice to other children from head to head contact or when they share combs, hats, clothing, helmets etc.,

How can I get rid of head lice.

Nit combing and removal. Permethrin (NIX) or pyethrin are the active ingredients in most over the counter head lice treatments. Speak with your physician for the recommended medication for your child and age group.

Here are a few other thing you can do to get rid of the lice in your home

- Wash clothing and bedding in hot water 130 F then dry on a hot cycle for at least 20 min.
- Seal items in a plastic bag for two weeks to kill lice because they cannot get a blood meal
- Boil combs, brushes, hair bands, and barrettes in water for five minutes, or soak them in alcohol or Lysol for one hour.
- Vacuum the carpet and furniture

Una Guía Para Padres De Familia Sobre Los Piojos De Cabeza

Que son los piojos de cabeza? Los piojos son insectos que viven en el cabello y se alimentan de la sangre humana.

Como se propagan los piojos en los seres humanos?

Los piojos se transmiten entre los niños a través del contacto de cabeza a cabeza con otra persona que tenga piojos y tambien al compartir gorras, sombreros, ropa, cascos, etc.,

Como puedo eliminar los piojos ?

Removiendo y peinando las liendres. NIX o pyretrina son los ingredients que se encuentran en la mayoría de los medicamentos para combatir los piojos que estan disponibles sin receta medica en su farmacia local. Hable con su médico que le rectara el medicamento adecuado para la edad de su niño.

A continuacion otros pasos adicionales para eliminar los piojos en su casa.

- Lave todo la ropa y sábanas de cama en agua extra caliente 130F y jabon, seque en un ciclo caliente de por lo menos 20 minutos.
- Empaquete el articulo que no se lave en una bolsa de plastico y sellela por dos semanas. Esto ayudará a matar las liendres al no alimentarse.
- Lave todos los peines o cepillos de pelo usados por la persona, en agua extra calient 130F y jabon y por lo meno cinco minutos o póngalos a remojar en alcohol o Lysol por una hora.
- Pase la aspiradora por sillones tapizados y alfombras.

Merry Christmas and Happy New Year!

FIH would like to wish all of its foster families a joyful holiday season and a safe New Year.

FIH will be closed on December 25, 2015 and January 1, 2016

